



## **Private Counselling Fees**

Assessment: £70.00 - 90 minutes

Therapy Session: £50.00 per session - 50 minutes

We have a few concessionary appointments, please discuss with the therapist during your assessment.

\*EFT - £50.00 per session - 50 minutes

\*Emotional Freedom Technique (Tapping)

\*EMDR Assessment - £90.00 - 90 minutes

\* Eye Movement Desensitization and Reprocessing

EMDR - £80.00 per session - 90 minutes

Equine Assisted Therapy Session - £80.00 per session - 1 hour

All session fees are paid via BACS before or after the session  
Block session bookings are accepted

**All counsellors/therapists that work within AAAC are Affiliate Counsellors and adhere to the BACP Ethical Framework for the Counselling Professions, hold professional insurance and DBS advanced certificates**